



# We'll get you back to the future.

At the Health Services Center at Ingleside at Rock Creek our goal is to get you back to your normal life and beyond. Through inpatient, and outpatient services, our trained health care professionals provide encouragement and motivation to help you gain strength, balance, dexterity and independence—not just for today but for the future.

*Call **202-601-2919** today for more information and personalized tour.*



**INGLESIDE**  
AT ROCK CREEK

ENGAGED LIVING

Visit us at [www.ircdc.org](http://www.ircdc.org)



*Skilled Nursing at Ingleside at Rock Creek has a five star rating!*



3050 Military Road, NW Washington, DC 20015  
202-601-2919 • [www.ircdc.org](http://www.ircdc.org)

